

Wushu Taekwon-Do Academy Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30 – 5:00 PM Heroes	4:30 – 5:00 PM Instructor Training	4:30 – 5:15 PM Wushu Juniors Red & Above	4:30 – 5:15 PM Wushu Juniors Blue & Above	4:30 – 5:00 PM Instructor Training	8:30 - 9:15 AM Tai Ji
5:00 – 5:45 PM TKD Juniors	5:00 – 5:45 PM TKD Juniors	5:15 – 6:00 PM Sparring Juniors	5:15 – 6:00 PM Wushu Juniors White – Green	5:00 – 5:30 PM Heroes	9:15 – 9:45 AM Heroes
5:45 – 6:30 PM Wushu Juniors White – Green	5:45 – 6:30 PM Wushu Juniors White – Green	6:15 – 6:45 PM Heroes	6:15 – 7:00 PM TKD Juniors	5:45 – 6:45 PM Sparring Juniors	9:45 – 10:30 AM All Wushu
6:30 – 7:30 PM Wushu Juniors Blue & Above (Blue & Sr. Blue will be dismissed @ 7:15)	6:30 – 7:30 PM Wushu Juniors Blue & Above (Blue & Sr. Blue will be dismissed @ 7:15)	6:45 – 7:30 PM TKD Juniors	7:00 – 7:45 PM TKD Adults	7:00 – 7:45 PM Fight Night	10:30 – 11:15 PM All TKD
7:30 – 8:30 PM Wushu Adults	7:30 – 8:30 PM Wushu Adults	7:30 – 8:15 PM Elements of Sparring Adults	7:45 – 8:30 PM Wushu Adults		Schedule your Child's Birthday Party
8:30 – 9:15 PM Tai Ji	8:30 – 9:15 PM TKD Adults	8:30 – 9:15 PM Tai Ji	8:30 – 9:15 PM Tai Ji	www.martialartsofnj.com (732) 789 - 4744	

Effective September 4th, 2018